

2026 NESHS Fall Conference Speaker Bio



Christen Foy, MBA

NESHS Board Member, VP-Elect, and Conference Committee Co-Chair

Christen Foy, MBA is a healthcare strategy and operations executive with nearly 20 years of experience advancing growth, access, and organizational performance across integrated health systems and medical groups including MaineHealth, Tufts Medicine, Lahey (BILH) and Atrius Health. Throughout her career, she has partnered with clinical, operational, and executive leaders to develop strategy, strengthen service lines, build organizational alignment, and translate complex priorities into measurable results.

Known as a connector, Christen brings together people, ideas, and data to move initiatives from strategy to execution. Her experience spans enterprise and service line strategy, business development, ambulatory operations, physician and network alignment, and healthcare transformation.

Christen serves on the Board of the New England Society for Healthcare Strategy and is Co-Chair of the Conference committee, is a member of the American College of Healthcare Executives (ACHE), and is committed to leadership grounded in trust, collaboration, and shared accountability.